

Wellness Expert

DR. BROOKE LEVERONE

Medical Director of Koi Wellbeing



What can I expect from a visit with a naturopathic doctor?



If you've never consulted with a naturopathic doctor, you might be surprised to learn we specialize in treating everything from hormone fluctuations, nutritional imbalances, digestive issues, and autoimmune and endocrine disorders to weight management, anxiety, insomnia, and chronic fatigue. Koi Wellbeing bridges the gap between traditional and alternative medical care; your initial 60-minute consultation includes a complete medical intake with detailed health and lifestyle assessment. We provide specialty lab testing that includes functional blood analysis, micronutrients, comprehensive digestive analysis, food allergies, neurotransmitters, genetic profiles, and hormonal assessment. Depending on your goals, your customized treatment plan may consist of bio-identical hormones, physician-grade nutraceutical supplements, diet and lifestyle changes, nutrient injections, and/or IV therapy to help you achieve optimal wellness. Follow-up visits will focus on education to empower you to take the steps you need to succeed.